

Exploring the Advantages and Barriers in the Use of Video Modeling Through Different Age Groups

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Video modeling is a program that has been used with students with Autism and intellectual disabilities to teach them how to do a variety of tasks. It has been found to be an effective strategy, but it is not being implemented in the local area. This study reviewed current literature containing empirical research where video modeling was used in order to determine why that might be. Studies were broken down into three age ranges: preschool to elementary, middle school to high school, and adults. The advantages and barriers of video modeling were explored in each age group. The study found that even though barriers were evident across age groups, studies continue to show the advantages of video modeling for students with ASD and ID should outweigh those barriers.