

West High School Winnable Battles

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Utilizing CDC Winnable Battles, Healthy People 2020, and the most common causes of death among US teenagers, we choose five topics we felt would have the greatest impact on the health of high school students. Five modules were created and presented by WSU PA students, to upperclassmen in the Health Professions Track at West High School in Wichita, Kansas. Topics included substance abuse, suicide and mental health awareness, physical activity and nutrition, teen pregnancy, and teen motor vehicle accidents. Each module included a PowerPoint presentation and several interactive activities. In order to analyze the impact of our project, a survey was completed by the students prior to the presentation of the models and will be completed again after completion of the modules. These presentations will be used at West High for several years and will hopefully help to motivate and inform students on how to live safer and healthier lives.