

## Education Techniques for Effective Counseling Regarding Prevention of Unintended Pregnancies

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While ample resources exist detailing the variety of available contraceptive options for patients who desire to prevent an unintended pregnancy, there are limited resources concerning how a provider might approach this topic with a patient. With this gap in mind, the primary focus of this research is to equip healthcare providers with education techniques in order to facilitate a more effective discussion with their patients. By providing a resource on timing of contraceptive education, appropriate patient interview techniques, and common patient misconceptions, this research aims to open the discussion between provider and patient regarding pregnancy prevention.